

40TH ROUND RAROTONGA ROAD RACE

PROGRAM FOR THE WEEK



Round Raro
Road Race
2017

THU, 21 SEPTEMBER 2017: FUN RUN

Round Rarotonga Road Race 2017 foots off (starts) with dressed up 5km FUN RUN. The venue will once again be at the yard across from Beachcomber known as Sinai Hall down town Avarua.

The aim of the race is to get everyone to meet and mingle and have fun before the main race. So dare to be different turn up as Superman or Robinhood. LETS HAVE FUN! Everyone is encouraged to dress up for fun, anything goes!

FRI, 22 SEPTEMBER 2017: REST DAY

This is a FREE DAY – take the opportunity to discover more of Rarotonga or take a day trip to Aitutaki. For information about discounted tours and attractions, suggestions on where to dine, rental cars or just any general information contact us at DMCK_events@dmck.co.ck or call +682 23026 we are happy to help.

SAT, 23 SEPTEMBER 2017: THE MAIN RACE DAY

The 31km race starts at Sinai Hall (across from Beachcomber in Avarua) at 5:30am and the 10km race will start in Muri at 7:30am. Complimentary busses will be available to pick up participants in the morning to get you to the race by 5:30am.

Race Numbers and final check in will be conducted from the Corporate Marquees prior to the race. At the finishing of the race, there will be complementary coconut juice, water, light snacks and tropical fruit for all runners & supporters after the race.

SAT, 23 SEPTEMBER 2017: NIGHTLIFE 40TH CELEBRATION < < > > < >

Celebrate 40 years of Round Raro Road Race with fellow race participants on the GOING TROPPO Nightlife Bus Tour. Cool down the island way with your responsible sober driver. Cheers to a good run!!!

SUN, 24 SEPTEMBER 2017: PRIZE GIVING DINNER

This is a day of rest in the Cook Islands with limited activities available. We recommend that everyone attend a Sunday Church service where you can enjoy the distinctive traditional hymns of the Cook Islands. Contact us and we are happy to organise transfers to church. The Official Prize Giving Ceremony and Dinner will kick off at 6pm. Venue to be confirmed.

MON, 25 SEPTEMBER 2017: HASH HARRIERS BIRTHDAY RUN

The local Hash House Harriers birthday promises a Costumed Run that is not to be missed. It starts around 5.30pm at the Spaghetti House Restaurant, Edgewater Resort. Come as the Queen, come as the shoe maker, you name it, you wear it. Wigs and hats supplied by Hash Harriers on the day.

This event is followed by an Island Feast at approximately \$10.00 per person for those that wishes to eat and mingle with the Hash Harrier Team. Cash bar will be available.

TUES, 26 SEPTEMBER 2017: NUTTERS CROSS ISLAND RUN

The Nutters Cross Island Run is approx. 8.5km that starts at 2:00pm from the Inspiration of Rarotonga (opposite Vaima Restaurant) and heads over ridges across rugged valleys and riverbeds down to the Avatiu Coastline.

The remarks from this run have been branded the most difficult in the country. It is not recommended for the fainthearted. The record still stands unbeaten at 45 minutes, and promises to be an exciting challenge. If you think you can beat it, give it a go!

WED, 27 SEPTEMBER 2017: ROUND THE ROCK RELAY

The relay will start at 2:00pm for the walkers and 4:00pm for the runners at the Spaghetti House Restaurant, Edgewater Resort. This is a fun event and all teams are encouraged to adopt a theme.

Registration forms for the relay can be obtained on the day of the 5km FUN RUN, the day of the main 31km and 10km race, DMCK website at www.dmck.co.ck or from our office at Turama House in Nikao.

